

**DETAILS OF ALL PROGRAMMES AVAILABLE ON WEBSITE OR AT NANO NAGLE CENTRE
FOR BOOKING & PAYMENT SEE BACK OF CALENDAR**

REGULAR EVENTS

Tuesdays MEDITATION BEGINS 15 Sept
 Tuesdays MEDITATION THROUGH ART BEGINS 15 Sept
 Thursdays YOGA CLASSES BEGINS 17 Sept
 Mondays GLOBAL ACTION PLAN sustainable living in everyday life. Begins Monday 21 Sept

SEPTEMBER

OPEN DAY WED 16 SEPT 4-7 PM to celebrate ORGANIC WEEK
 11-13 Sept BOG OAK WORKSHOP
 12 Sept ORGANIC EGG PRODUCTION
 19 Sept BASKET MAKING WORKSHOP

OCTOBER

10 Oct HOMEOPATHY FOR ANIMALS
 10 Oct DANCE / MEDITATION WORKSHOP
 10 Oct 1.30—4.30 pm PRESERVING WORKSHOP
 14 Oct 10—3 pm PRESERVING WORKSHOP
 17 Oct LIVESTOCK: GRASSLAND & SOIL MANAGEMENT
 24 Oct SPINNING & DYEING WORKSHOP

NOVEMBER

7 Nov GROW YOUR OWN FOOD
 14 Nov TEACHERS' DAY: PREPARING FOR FIRST HOLY COMMUNION
 14 Nov LIVING WILLOW WORKSHOP
 21 Nov FR JIM COGLEY: HEALING THE FAMILY TREE
 21/22 Nov FELTING FOR BEGINNERS
 27-29 Nov YOGA / MEDITATION WEEKEND
 29 Nov TEACHERS' DAY: PREPARING FOR CONFIRMATION
 28/29 Nov STONE WALL WORKSHOP

DECEMBER

Wednesday nights ADVENT PRAYER Begins 2 Dec
 5 Dec INTRODUCTION TO HAND-BUILDING POTTERY
 10—13 Dec ADVENT TRIDUUM
 12/13 Dec STORYTELLING WORKSHOP
 21 Dec WINTER SOLSTICE

JANUARY

Mondays GLOBAL ACTION PLAN sustainable living in everyday life—begins Monday 11 Jan
 16 Jan QUILTING WORKSHOP
 23 Jan POTTERY—MAKING GARDEN WARE
 30 Jan FR SEAN McDONAGH climate change post Copenhagen

FEBRUARY

Tuesday nights LENTEN PRAYER Begins 23 Feb
 6 Feb PRUNING WORKSHOP FOR BEGINNERS
 13 Feb VEGETARIAN & WHOLEFOOD COOKING
 19-21 MEDITATION / YOGA WEEKEND
 20 Feb TREE GRAFTING WORKSHOP
 27 Feb LIVING WILLOW WORKSHOP
 28 Feb—5 Mar WEEK OF GUIDED PRAYER

MARCH

ADVANCED HORTICULTURE COURSE
 10 Tuesdays: Mar 2, 16, 30, Apr 13, 27, May 11, 25 June 8, 22, July 6
 5-7 Mar DANCE /MEDITATION WORKSHOP
 12-14 Mar A LENTEN WEEKEND WITH THE MYSTICS
 13 Mar TREES & WOODLAND—AN INTRODUCTION
 20/21 Mar STONE CARVING
 27 Mar GROWING IN A POLYTUNNEL

APRIL

1 Apr HOLY THURSDAY—SEDER MEAL
 10 Apr FORAGING FOOD FOR HEALTH
 17 Apr STARTING A REEDBED SYSTEM
 24 Apr ALTERNATIVE ENERGY: WORKING EXAMPLES AT NANO NAGLE CENTRE

MAY

1 May GARDEN BIRDS
 1 May BASKET MAKING
 8 May BEE-KEEPING FOR BEGINNERS
 8 /9 May BUILDING STONE WALLS WORKSHOP
 15 May GROWING, COOKING & HEALING WITH HERBS
 21-23 May BOG OAK WORKSHOP
 30 May YOUTH PILGRIMAGE TO MASS ROCK

JUNE

12—18 June A WOMAN ABLAZE WITH GOD—A 'NANO' RETREAT
 21 June SUMMER SOLSTICE
 26 June JOHN FEEHAN: 'ROCKS ARE HIS WRITTEN WORDS'

JULY

10-16 July RETREAT—AWESOME GOD OF THE UNIVERSE
 17-23 July DIRECTED RETREAT

AUGUST

7-13 Aug RETREAT—JAN NOVOTKA: Awakening Consciousness: Realizing the Holy and the Whole

OTHER SERVICES AVAILABLE AT NANO NAGLE CENTRE

SECONDARY SCHOOL RETREATS

CONFIRMATION RETREATS

ENVIRONMENTAL EDUCATION DAYS

for Primary Schools

for Youthreach Students

for Transition Year Students

REFLECTION / RENEWAL for PRIMARY &

SECONDARY SCHOOL STAFFS

SHARING THE NANO NAGLE STORY with Visitors

FARM VISITS/NATURE WALKS

for visiting families, groups, schools

PRIVATE RETREATS / DAYS OF REFLECTION

SPIRITUAL DIRECTION / COUNSELLING

QUIET TIME IN SELF CATERING FACILITIES

EVENTS AT NANO NAGLE CENTRE LED BY LOCAL ORGANISERS

**CUISLE MUSIC CLASSES IN ALL TRADITIONAL
INSTRUMENTS AND SINGING**

Evening classes at arranged times.

Apply to: **Reena 022 42039**

CUISLE ART CLASSES Thursday evenings for

children. Apply to: **Anita 022 26054**

KILLAVULLEN FARMERS' MARKET

Every second Saturday **10.30—1pm**

Apply to: **Geraldine 022 23299**

FIRST MONDAY OF EVERY MONTH

Queen of Peace Mass 7.30 pm

Apply to: **Mary 022 22911**

LAST FRIDAY OF EVERY MONTH

Divine Mercy Mass 7.30 pm

Apply to: **Margaret 022 27620**

THIRD WEDNESDAY OF EVERY MONTH

North Cork Organic Group 8.30 pm

Apply to: **Howard 022 25007**



Nano Nagle Centre is an ideal place for retreats, conferences and courses. Nature's beauty in the Nagle Mountains, the green meadows and the river Blackwater, enhances its attractiveness as a location for learning new skills, for reflecting, for building relationships or developing team spirit.

WELCOME TO OUR 2009-2010 COURSE PROGRAMME

Programme and retreat presenters include both our own staff and leading professionals.

BOOKING AND PAYMENT

Places can be reserved by phone, e-mail, post, or on the website www.nanonaglebirthplace.ie

PAYMENT FOR DAY & WEEK-END EVENTS

Your booking is confirmed once full payment for the course is received. This must be done at least 1 month in advance of the course.

PAYMENT FOR 6-DAY RETREATS

Your booking is confirmed on receipt of €100 deposit not later than 3 months in advance of the course.

Confirmation will be sent to you by e-mail; otherwise please send stamped, addressed envelope.

Concessions available by arrangement with the Centre.

Places are limited on most courses so please book early.

To enjoy our outdoor attractions and course participation, please make sure to bring waterproof clothing and suitable footwear.

nano nagle centre
for
heritage, spirituality, and ecology



Birthplace of Nano Nagle
Foundress of the
Presentation Sisters

CALENDAR OF EVENTS

SEPTEMBER 2009
to
AUGUST 2010

**WELCOME TO NANO NAGLE
CENTRE**

Ballygriffin Mallow Co Cork

**Retreats Conferences
Accommodation**

Team: Srs Alba Rodrigues,

Anne Lyons, Frances Crowe

Paula Buckley, Rita Cusack

Manager of Centre: Karen O'Shea

Manager of Farm and Course

Development: Kitty Scully

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